

PRE-PROCEDURE CHECKLIST

- You must have a driver to pick you up from your procedure unless other arrangements are made with your physician.
- You must be off all medications which can thin your blood, including anti-inflammatories...
 - Ibuprofen • Advil • Aleve
 - Motrin • Relafen • Naprosyn
 - Aspirin • Plavix • Heparin
 - Coumadin

(PLEASE SEE "MEDICATIONS I SHOULD NOT TAKE BEFORE PROCEDURE" TO GET FULL LIST)

- You cannot get this procedure if you have had any spinal/orthopaedic surgery within the last 3 months
- If you are diabetic, your sugars may transiently increase after the procedure secondary to the steroid, please consult your specialist.
- You may not get this procedure if you are pregnant.
- You may NOT eat the morning of the procedure. (Water is ok. You may eat right after the procedure).
- Please inform your physician if you have any allergies to:
 - Iodine • Dye • Shellfish
 - Steroid • Celestone • Dexamethasone
 - Lidocaine • Marcaine